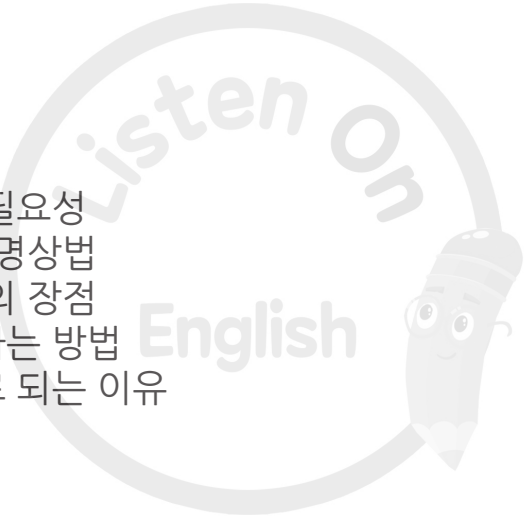




04. 다음을 듣고, 여자가 하는 말의 주제로 가장 적절한 것을 고르시오.

W: Hello, students. Many successful people write in a diary in the morning. Do you know why? We usually feel tired and sensitive at night, but a good night's sleep makes us feel refreshed in the morning. Writing in a diary in the morning can help us clarify our thoughts and process any situations we're dealing with. It can even help us generate more creative ideas through clear thinking. Please keep in mind that writing in a diary in the morning can be the first step toward a fruitful and meaningful life.



- ① 규칙적인 일기 쓰기의 필요성
- ② 정신을 맑게 하는 아침 명상법
- ③ 아침에 일기를 쓰는 것의 장점
- ④ 감정을 분명하게 표현하는 방법
- ⑤ 밤에 사람이 감성적으로 되는 이유

Learn new words

_____	_____
_____	_____
_____	_____
_____	_____

Dictation

W: Hello, students.

Many successful people _____.

Do you know why?

We usually feel tired and sensitive at night, _____

_____ in the morning.

Writing in a diary in the morning can help us _____

_____ we're dealing with.

It can even help us _____.

Please keep in mind that writing in a diary in the morning can be _____

_____ a fruitful and meaningful life.

