



06. 대화를 듣고, 남자의 의견으로 가장 적절한 것을 고르시오.

W: Hi, David. How's your project going?

M: It's okay. But sometimes I feel down when I don't see progress.

W: Sounds tough. What do you do when you're feeling that way?

M: I just laugh. I think laughing cheers me up even when things aren't going well.

W: Really? I don't think that would help me.

M: Trust me. If you laugh for a while, it can make you feel better.

W: Hmm .... How does that work?

M: I read an article saying the act of laughing affects your mood positively by releasing chemicals in your brain.

W: You mean just laughing can improve our mood?

M: That's exactly what I'm saying.

- ① 웃음은 인간관계에 도움이 된다.
- ② 웃음과 두뇌 발달은 서로 관련이 없다.
- ③ 웃는 것은 기분을 좋게 만드는 효과가 있다.
- ④ 자주 웃으면 노화 예방에 도움이 된다.
- ⑤ 억지로 웃으면 자존감이 낮아진다.

## Learn new words

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# Dictation

W: Hi, David. \_\_\_\_\_?

M: It's okay. But sometimes \_\_\_\_\_.

W: Sounds tough. What do you do \_\_\_\_\_?

M: I just laugh. \_\_\_\_\_

when things aren't going well.

W: Really? I don't think \_\_\_\_\_.

M: Trust me. If you laugh for a while, \_\_\_\_\_.

W: Hmm .... How does that work?

M: I read an article saying \_\_\_\_\_

by releasing chemicals in your brain.

W: You mean just \_\_\_\_\_?

M: That's exactly \_\_\_\_\_.

